## On the occasion of purchasing of the "Ferenczi House",

the apartment that was originally Ferenczi's office in his former villa

at the Sun Hill, Budapest -

the International Sándor Ferenczi Foundation and the Sándor Ferenczi Society

announce the

### FERENCZI HOUSE LECTURE

# The Future of the Irma Dream

## The overwhelming task of standing trauma

by Carlo Bonomi

May 27, 2011, at 6 pm,

#### International Ferenczi Center,

Budapest, I. ker. Lisznyai utca 11. I. em. 4.

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Ihe Irma dream is "the most interpreted dream of all time" (Blum, 1996, p. 515). Between 1895 and 1900, the "specimen dream" of psychoanalysis precipitated the shift from medicine to psychology, survived the collapse of the seduction theory, fertilized Freud's systematic self-analysis, inspired the method of deciphering the dreams, and paved the road to the Unconscious. Yet the confidence in our capacity to understand it has been shattered: we cannot understand how it could have been the starting point of everything. In the 1980s, the canonic narrative of the origins of psychoanalysis was broken into a set of scattered pieces, and the understanding of the role played by self-analysis in the origins of psychoanalysis was severely threatened by the shocking revelation of the medical background of the Irma dream. Consequently, the interpretation of the dream was split into many different voices and incompatible fragments. According to the author, in order to work out a consistent view of both the origins of psychoanalysis and of its future task, it is necessary to gain access to the traumatic core of the Irma dream, to stand it, and to take responsibility for it. The teaching of Ferenczi helps us achieve this aim.